

The PROTECT Study

STUDY SUMMARY

Studying Late-Life Depression
& Suicide in Older Adults

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WHY PARTICIPATE IN THIS RESEARCH STUDY?

OUR PURPOSE

This research study aims to learn about the causes of why some people want to end their life. To do this, we investigate risk and protective factors associated with suicidal thinking.

We recruit a wide variety of people, including people with and without depression, people with and without thoughts of suicide, and people with and without any history of or current problems with drug and alcohol use.

If you have depression or anxiety, or thoughts of ending your life, a discussion of these feelings and treatment options may be beneficial. This study is funded by the National Institute of Mental Health and is being conducted at UPMC.

STUDY TIMELINE

BASELINE

Over Zoom or in-person

(At least one brief in-person visit required - scheduled at your convenience)



3-MONTH FOLLOW-UP

*An hour-long zoom
or in-person visit*



YEARLY FOLLOW-UPS

*An hour-long zoom or
in-person
follow-up each year*

WHAT WILL I BE EXPECTED TO DO?



ENROLLMENT PROCESS

To see if you may qualify to participate, you may complete:

- A **screening call** by phone;
- then a **baseline visit** via Zoom or in-person

If enrolled, you will complete all parts of the baseline visit and be contacted for follow-up visits on a yearly basis.

BASELINE

2-3 sessions which will consist of:

- your symptoms of anxiety, depression, and any treatment you may have received in your life.
 - detailed questions about any suicidal thoughts or actions in your life (if applicable)
 - cognitive (memory and thinking) ability
 - playing simple computer games in our lab
 - self-reports
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FOLLOW-UPS

An hour long visit which will consist of:

- questions about your mood over the past week
- any suicidal thoughts or actions over the past year (if applicable)
- self-reports

CONFIDENTIALITY

Any information about you obtained from or for this research study will be kept confidential in a locked file cabinet or on a secured database. For more details about confidentiality and reporting, please see the full consent form.

COMPENSATION

You will receive \$150 after completing all baseline aspects of the study, and \$50 for any follow-ups completed after baseline. Parking and transportation will also be reimbursed.



Tasks Completed	Compensation
Baseline	Up to \$150
3-month follow-up	\$50
Yearly follow-ups	\$50
Total	\$250+

VOLUNTARY CONSENT

Taking part in this study is **completely voluntary**.

You do not have to participate if you do not want to. Our staff will explain this study to you and will answer any questions you may have. You may also leave the study at any time without penalty.